



## INSTRUCTIONS

# HEAVY DUTY ANCHOR CHOKE™

**CODE**  
↳101494

**MAX LOAD**  
↳40KG / 88LBS

**NLG ID**  
Scan the orange tags on compatible NLG products to access detailed product info, certification and installation videos.

**NOTE**  
The anchor can be secured in position if required by wrapping 3 to 4 wraps of tape over both arms of the choke.

**01**



Pass choke loop around the structure to be used, i.e. scaffold bar etc. If there is any question about the strength of the structure, find an alternative point.

**02**



Pass the V Ring through the loop end.

**03**



Pull tightly on the V Ring to securely cinch the choke around the structure.

**04**

Test the anchor point with a 'positive' tug on the choke, before putting it in use.